

# **SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI**

## **BRIEF REPORT ABOUT THE ACTIVITY**

TOPIC/SUBJECT OF THE ACTIVITY : **Participation in “Student Parliament”  
organized by R. T. M. Nagpur University**

### **Objectives:**

- To promote students' leadership skills.
- To motivate them to develop oratory and presentation skill

### **Outcomes:**

- **02** students participated in the selection trial of the event.

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Today leadership skill is recognized as an essential skill in career progression of young generation. Proper platforms should be available if a student wants to develop his/her leadership qualities. Our college makes efforts that opportunities should be availed for students. R.T.M. Nagpur University organized Model Student Parliament during 26 to 30 October 2021. The selection trials of the event were organized during 21 to 23 October 2021 at Convocation Hall of R.T.M. Nagpur University. Our college nominated two students : (1) Ku.Ashlesha Thote and (2) Ku.Sakshi Kohale (B.Com III sem ) for the selection trial.

Both of the participants performed well but they were not selected in the final list of participants. However they could learn a lot on how to present oneself on an open platform and compete with others.

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Participation of students of our college in selection trial of "Student Parliament " at Convocation Hall at RTM Nagpur University ,Nagpur on 22 October 2021.

## SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

### BRIEF REPORT ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY : **Participation in “Mission Sahasi”  
Workshop on Self Defence**

#### Objectives:

- To prepare girl students for self defence
- To motivate them to be prepared for any danger or crisis in life.

#### Outcomes:

- **07** girl students participated in the Workshop

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Harassment to women in work places and public places is an issue of concern .many a times girl students have to face harassment from anti-social elements .RTM Nagpur University and Nagpur City Police jointly organized a workshop on self- defence for girl students –“**Mission Sahasi** ” on 8 December 2021 at Nagpur .The purpose of the workshop was to create confidence among girls to defend themselves in case of any trouble or danger. **07** girl students of our college participated in the workshop. Well known experts from Police Department presented live demonstrations of techniques of self defence .

Following students of our college participated in the workshop :

Sr.No.	Name of Student	Class
1	Ku.Neha Madavi	B.Com III Sem
2	Ku,Neha Kevate	B.A.I sem
3	Ku. Sakshi Kohale	B.Com III Sem
4	Ku.Dhaneshawari Wagh	B.Com I Sem
5	Ku, Divya Pokale	B.Com I Sem
6	Ku.Sawari Kohale	B.Com III Sem
7	Ku. Gauri Kohale	B.Com III Sem

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सहस्रसंत तुकडोजी महाराज नागपूर विद्यापीठ  
नागपूर शहर पोलीस  
कृष्ण संयुक्त विद्यार्थी आयोग

**मिशन साहसी**  
८ डिसेंबर, २०११ रविवारी १०:३० ते सायंकाळी २

**प्रमाणपत्र**

मी/ह दिनकरजी लाख यांचा श्री सरसमी कला व वाणिज्य खासियामध्ये दाखी  
कार्यक्रमात सहभागी होऊन, नागपूर येथे दिनांक ०८ डिसेंबर, २०११ रोजी संपन्न तुकडोजी महाराज  
नागपूर विद्यापीठ, नागपूर आणि नागपूर शहर पोलीस यांच्या संयुक्त विद्यार्थी आयोगात  
'विद्यार्थीविकास समर्थक प्रशिक्षण' कार्यक्रमात सहभाग घेऊन घटविले  
म्हणून हे प्रमाणपत्र प्रदान करण्यात येत आहे.

 **श्री. अनंत मुदहलकर** (अनंत, जिल्हा शिक्षण अधिकारी)  
 **श्री. विक्रम चौधरी** (विक्रम, जिल्हा पोलीस अधीक्षक)  
 **श्री. विनाय चौधरी** (विनाय, जिल्हा पोलीस अधीक्षक)  
 **श्री. विक्रम चौधरी** (विक्रम, जिल्हा पोलीस अधीक्षक)  
 **श्री. विनाय चौधरी** (विनाय, जिल्हा पोलीस अधीक्षक)

सहस्रसंत तुकडोजी महाराज नागपूर विद्यापीठ  
नागपूर शहर पोलीस  
कृष्ण संयुक्त विद्यार्थी आयोग

**मिशन साहसी**  
८ डिसेंबर, २०११ रविवारी १०:३० ते सायंकाळी २

**प्रमाणपत्र**

मी/ह जोशी कोहळे यांचा श्री सरसमी कला व वाणिज्य खासियामध्ये दाखी  
कार्यक्रमात सहभागी होऊन, नागपूर येथे दिनांक ०८ डिसेंबर, २०११ रोजी संपन्न तुकडोजी महाराज  
नागपूर विद्यापीठ, नागपूर आणि नागपूर शहर पोलीस यांच्या संयुक्त विद्यार्थी आयोगात  
'विद्यार्थीविकास समर्थक प्रशिक्षण' कार्यक्रमात सहभाग घेऊन घटविले  
म्हणून हे प्रमाणपत्र प्रदान करण्यात येत आहे.

 **श्री. अनंत मुदहलकर** (अनंत, जिल्हा शिक्षण अधिकारी)  
 **श्री. विक्रम चौधरी** (विक्रम, जिल्हा पोलीस अधीक्षक)  
 **श्री. विनाय चौधरी** (विनाय, जिल्हा पोलीस अधीक्षक)  
 **श्री. विक्रम चौधरी** (विक्रम, जिल्हा पोलीस अधीक्षक)  
 **श्री. विनाय चौधरी** (विनाय, जिल्हा पोलीस अधीक्षक)





राष्ट्रसंत तुकडोजी महाराज नागपूर विद्यापीठ  
नागपूर शहर पोलीस  
श्रीमंत गुरुकुल विद्यापीठ अखिल

## मिशन साहसी

८ दिवस, १०११ घण्टी १०.३० ते सकाळी ९

**प्रमाणपत्र**

श्री. साखरी कोहले यांना  
श्री. साखरी कोहले यांच्या बाबत

संस्थेचे गुरु १८ सप्टेंबर, २०१९, सकाळी १०.३० ते सकाळी ९ यावेळी यांना  
नागपूर शहर पोलीस, नागपूर शहर पोलीस यांच्या संयुक्त विद्यमाने आयोजित  
"बिनापिरीबिना स्वयंसेवा प्रशिक्षण" कार्यशाळेस सहभाग घेतल्याबद्दल  
यांना हे प्रमाणपत्र देत आहे.

  
**श्री. आनंद मुद्गल**  
अध्यक्ष, शास्त्री कला केंद्र

  
**श्री. आनंद मुद्गल**  
अध्यक्ष, शास्त्री कला केंद्र

  
**श्री. विष्णू सांगळे**  
अध्यक्ष, शास्त्री कला केंद्र

  
**श्री. विमल सांगळे**  
अध्यक्ष, शास्त्री कला केंद्र

  
**श्री. रमेश विवरे**  
अध्यक्ष, शास्त्री कला केंद्र

સાદુરસં તુલકોજી મહારાજ બાળપુર વિભાગીય  
બાળપુર શહેર પોલીસ  
બાળા મૃત્યુ દિવસે પ્રતીક

**મિશન સાહસી**  
૮ ડિસેમ્બર, ૨૦૨૧ સપ્તાહી ૧૨-૧૭ ને સપ્તાહી ૨

**મહાપાત્ર**

સી.કે. નેહા સુડાણી મહાવિદ્યાલય વાંચી  
શ્રી સમર્થ બ્રહ્મા ય બાળીકા  
સરિસર્વ શૃંગ પદ સ્વચ્છતા, ગૌરવભાવ, માનવુ ભેગે વિદ્યાત ૦૮ કિલોમીટર, ૨૦૨૧ ટેકી પાસેન તુલકોજી મહારાજ  
બાળપુર વિભાગીય, બાળપુર ગ્રામિક માનવુ માર પોલીસ બાંગ્લા મૃત્યુ દિવસે પ્રતીક  
વિદ્યાવિધેયીકીત સ્વચ્છતા પ્રતીકાલ કાર્યક્રમોને મદદમ પેનલગ્રાહક  
આમા દે સ્વચ્છતા પ્રાપ્ત કરવાકાર હેતુ અહીં.

સી. અમર મુલગલ  
સી.મી. વિભાગીય ટાપી સરકારે  
સી. વિમ્બુ માંમડે  
સી. વિમ્બુ વર્ણિત  
સી. રમુ દિવસે

સાદુરસં તુલકોજી મહારાજ બાળપુર વિભાગીય  
બાળપુર શહેર પોલીસ  
બાળા મૃત્યુ દિવસે પ્રતીક

**મિશન સાહસી**  
૮ ડિસેમ્બર, ૨૦૨૧ સપ્તાહી ૧૨-૧૭ ને સપ્તાહી ૨

**મહાપાત્ર**

સી.કે. નેહા કેવટે મહાવિદ્યાલય વાંચી  
શ્રી સમર્થ બ્રહ્મા ય બાળીકા  
સરિસર્વ શૃંગ પદ સ્વચ્છતા, ગૌરવભાવ, માનવુ ભેગે વિદ્યાત ૦૮ કિલોમીટર, ૨૦૨૧ ટેકી પાસેન તુલકોજી મહારાજ  
બાળપુર વિભાગીય, બાળપુર ગ્રામિક માનવુ માર પોલીસ બાંગ્લા મૃત્યુ દિવસે પ્રતીક  
વિદ્યાવિધેયીકીત સ્વચ્છતા પ્રતીકાલ કાર્યક્રમોને મદદમ પેનલગ્રાહક  
આમા દે સ્વચ્છતા પ્રાપ્ત કરવાકાર હેતુ અહીં.

સી. અમર મુલગલ  
સી.મી. વિભાગીય ટાપી સરકારે  
સી. વિમ્બુ માંમડે  
સી. વિમ્બુ વર્ણિત  
સી. રમુ દિવસે



# **SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI**

## **BRIEF REPORT ABOUT THE ACTIVITY**

**TOPIC/SUBJECT OF THE ACTIVITY : Participation in Quiz on “HIV/AIDS,TB ,Blood Donation”**

### **Objectives:**

- To sensitize students on sensitive issues of public health.
- To motivate them to create awareness on health issues in society.

### **Outcomes:**

- **02** students participated in the quiz

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AIDS has gradually spread out across the world in last few decades .It severely affects human body and endangers human life. There is no cure for HIV at present but medication and precautions can control the infection and prevent disease progression .Government authorities and other agencies make a lot of efforts to spread awareness about the remedies to prevent the spread of AIDS. Various means are used to create awareness among people about the causes ,remedy and prevention of AIDS.

As a part of these efforts , District AIDS Prevention Control Unit of Wardha and National AIDS Control Organization jointly organized a quiz for college students at District General Hospital, Wardha on 26 October 2021. Theme of the quiz was “HIV/AIDS,TB and Blood Donation”. Our college sent two girl students to participate in the quiz . They were (1) Ku.Sakshi Kohale (B.Com III Sem ) and (2) Ku. Ashlesha Thote (B.Com III Sem )

The quiz provided an opportunity to these students to learn about issues public health.

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## **SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI**

### **BRIEF REPORT ABOUT THE ACTIVITY**

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**TOPIC/SUBJECT OF THE ACTIVITY : Chart presentation by Students to mark 75<sup>th</sup>  
Anniversary of India's independence**

**Objectives:**

- To promote students to explore the history of Indian freedom struggle
- To inculcate a sense pride and patriotism in them

**Outcomes:**

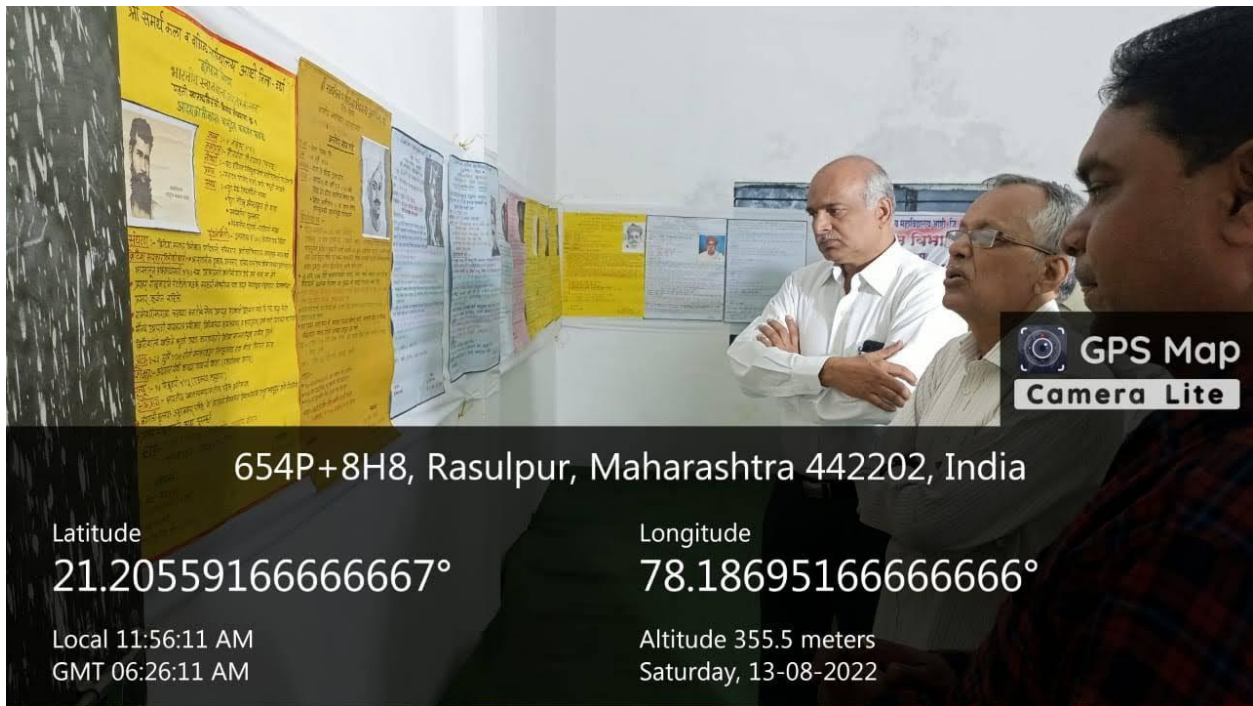
- **26** students participated in presentation of the charts on Indian national heroes.

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2021-22 was celebrated as 75<sup>th</sup> year of India's independence throughout the nation and abroad with fervor and patriotism. The college also organized many events to mark the occasion. The Deptt. of History organized a series of chart presentation for display. The theme of the series was "Life and works of India's National Heroes ". 26 students prepared 22 charts from 17 December 2021 to 13 August 2022. The presentations ranged from the life of Revolutionary Vasudev Balwant Phadke to the messenger of peace and non-violence Mahatma Gandhi.

Dr.Vilas Farkade , Contributory teacher of History guided the students in preparing the charts .

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GPS Map  
Camera Lite

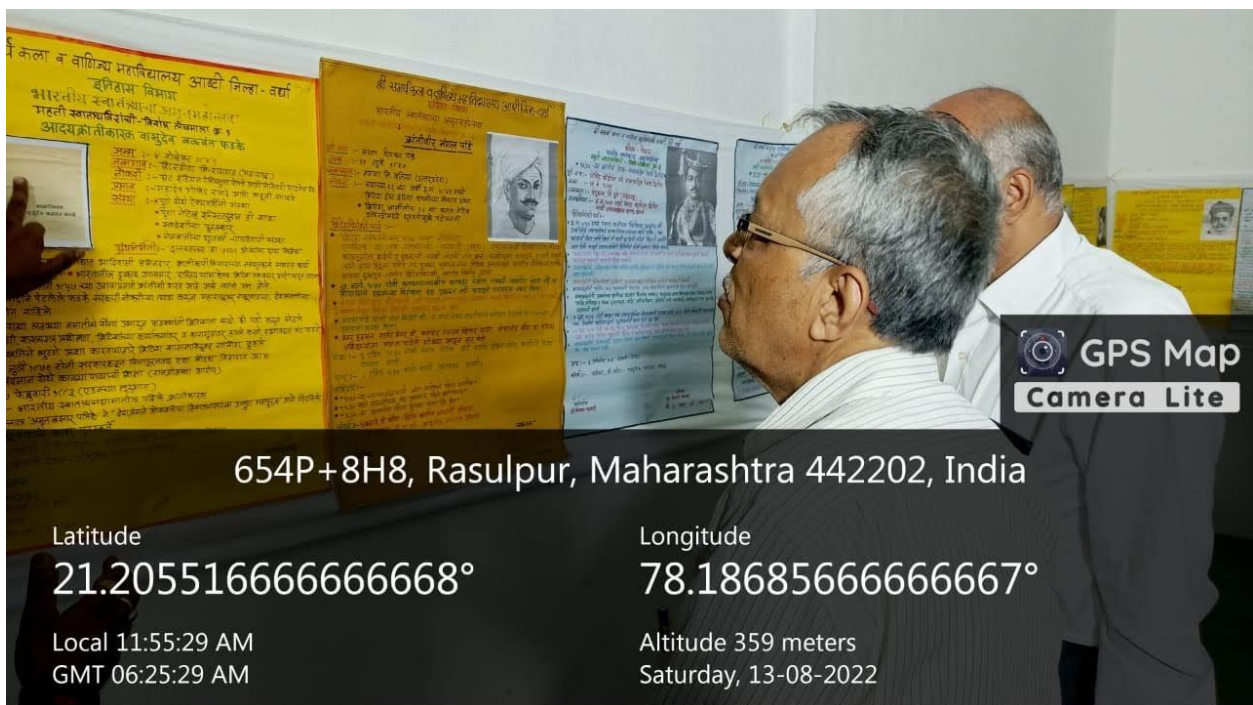
654P+8H8, Rasulpur, Maharashtra 442202, India

Latitude  
21.20559166666667°

Longitude  
78.18695166666666°

Local 11:56:11 AM  
GMT 06:26:11 AM

Altitude 355.5 meters  
Saturday, 13-08-2022



GPS Map  
Camera Lite

654P+8H8, Rasulpur, Maharashtra 442202, India

Latitude  
21.205516666666668°

Longitude  
78.18685666666667°

Local 11:55:29 AM  
GMT 06:25:29 AM

Altitude 359 meters  
Saturday, 13-08-2022

# SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

## BRIEF REPORT ABOUT THE ACTIVITY

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TOPIC/SUBJECT OF THE ACTIVITY : “ **75 crores Surya Namaskar Challenge Project** ”

### Objectives:

- Students should understand the importance of Yoga and Surya namaskar in life.
- Students should adopt Yoga and Surya Namaskar for mental and physical fitness .

### Outcomes :

- **50** students participated in the activity .

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University Grants Commission has issued directions colleges to participate in 75 crores Surya Namaskar Challenge Project vide its letter No.2-12/2021(CPP-II) dated 29 December 2021.Accordingly our college participated in 75 cores Surya Namaskar challenge Project which was launched during **5 to 14 January 2022** .The Director of Physical Education of the college held 8 sessions of Surya Namaskars for the students. He explained all steps of Surya Namaskar and its benefits .Total **50** students participated in performing Surya Namaskar.

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Supported by



75  
Azadi Ka  
Amrit Mahotsav

# 75 Crere Surya Namaskar Certificate



**Shri Rajesh T.Sawai**

has participated in the 750 Million Suryanamaskar challenge for 21 days organized on the auspicious occasion of the 75th anniversary of Independence of India - Azadi Ka Amrit Mahotsav.

Hon. Patrons

*Daaji*  
Daaji  
Global Guide, Heartfulness

*Swami Ramdev*  
Swami Ramdev  
President, Patanjali Yogpeeth

*Swami Govind Dev Giri*  
Swami Govind Dev Giri  
Founder, Geeta Parivar

*Ekta Boudierlique*  
Ekta Boudierlique  
Secretary

*Chaitanya Kashyap*  
Chaitanya Kashyap  
Vice President

*Dr. Jaideep Arya*  
Dr. Jaideep Arya  
President, Event Committee

*Udit Sheth*  
Udit Sheth  
Vice President

*Dr. Sanjay Malpani*  
Dr. Sanjay Malpani  
Project Director

Central Organising Committee

[www.75suryanamaskar.com](http://www.75suryanamaskar.com)

Organised by



# SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

## BRIEF REPORT ABOUT THE ACTIVITY

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TOPIC/SUBJECT OF THE ACTIVITY : “ **Reading Competition** ”

### **Objectives:**

- Students should understand importance of reading culture in life.
- Students should explore through treasure of books around them in college and elsewhere.

### **Outcomes :**

- **74** students were present in the activity .
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Books are lifelong companions of human .They are not only a timeless rich source of knowledge but a guide to show the path of values and ethics to follow. However the reading culture is, in general , gradually diminishing. Students should understand the importance of abundant and extensive reading in life as it takes them to path of success.

As an effort to attract the students towards books, Library in the college organized a reading competition on 22 April 2022. The theme of this competition was “75 years of Indian Independence”. An appeal was made to students to go through the books on India’s freedom struggle which are available in the library. The response to competition was good .**06** participants were shortlisted to express their thoughts on the books which they have read. Top three participants were given prizes as encouragement.

**74** students were present in the programme . Dr. S. M. Gothane, Librarian anchored the programme .

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654P+8H8, Rasulpur, Maharashtra 442202, India

Latitude

21.20551119558513

°

Longitude

78.18682160228491°

Altitude 276 meters

Local 10:44:15 AM

GMT 05:14:15 AM

Friday, 22-04-2022

Reading Competition in College



## SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

### REPORT ABOUT YOGA ACTIVITY FOR APRIL 2022

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No. of sessions held : 04

Total No. of participants : 45

#### Objectives:

- To highlight the importance of Yoga in human life .
- To convince students to adopt Yoga in daily life .
- To elaborate benefits of Yoga for healthy and stress free life .

#### Outcomes :

- Forty five students participated in Yoga sessions.
  - They realized the importance and benefits of Yoga in life .
- 

Yoga is an indivisible exercise for human beings for an active and healthy life. It is a relative and qualitative term that brings about positive changes in behavior of human. It also depicts the relationship between nature and human beings. Yoga promotes the efficiency and productivity of human resources.

There is a positive correlation between Yoga practices and physical fitness of human. It minimizes various diseases and functioning various organs in the body. Yoga is a power of concentration which promotes physical as well as mental balance. It also increases life expectancy at birth and human capacity also. Indeed, it is a process which transforms in-built capacity into productive assets of human and society. Our college has always promoted Yoga activities for holistic development of students. We have consistently organized Yoga activities in the college.

We have prepared a plan for the celebrating International Day of Yoga 2022 . Accordingly , all Yoga sessions were held from 7.30 a.m. to 8.00 a.m. in the morning. The date wise report of Yoga activity performed in the month April 2022 is as follows :

#### 20 April 2022 :

Yoga session was held from 7.30 a.m. to 8.00 a.m. in the morning. It began with *Omkar pranayam* which regulates nervous system and strengthens spinal cord. Students also performed *Padmasan* and *Vajrasan* . Both of the asanas are beneficial for knee joints and digestive system in human body. Three Surya namaskaras were also performed .The session ended with performing of *Anulom –vilom* , an ideal exercise for breathing . Six students participated in the session.

**22 April 2022 :**

The session began by performing *Anulom –vilom* by the participants. It was followed by *Vrukshasan* which improves body balance and leg muscles. *Paschimottanasan* was also practiced which abdominal muscles. Various steps of *Surya namaskar* were explained to students. The session ended with *Shitali Pranayam* which cools body temperature and heals digestion problems. Fourteen students participated in the session.

**27 April 2022 :**

*Anulom –vilom* was the first exercise of the day. It was followed by *Bhramari Pranayam*. It cures sleeping disorders and other ailments. The participants performed *Dhanurasan*. It brings about flexibility in spinal cord and strengthens abdominal muscles. Then *Bhujangasan* was performed which is equally beneficial for the spinal cord. It also gives strength to arm muscles. Fifteen students participated in the session.

**29 April 2022 :**

*Bhramari pranayam* marked the beginning of the session. It was followed by *Surya namaskar*. It is all time perfect exercise for men and women of all age groups. The Director of Physical Education explained successive steps and benefits of *Surya namaskar*. The participants also performed *Padmasan* which relaxes body and mind. It also helps to enhance concentration power. The session ended with *Kapal bhati*. It helps to improve functioning of liver and pancreas in human body. Ten students participated in the session.

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# SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

## REPORT ABOUT YOGA ACTIVITY FOR MAY 2022

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**No. of sessions held : 04**

**Total No. of participants : 54**

We have prepared a plan for the celebrating International Day of Yoga 2022 . Accordingly , all Yoga sessions were held from 7.30 a.m. to 8.00 a.m. in the morning. The date wise report of Yoga activity performed in the month **May 2022** is as follows :

### **02 May 2022 :**

Yoga session was held from 7.30 a.m. to 8.00 a.m. in the morning. It began with *Kapalbahti and Anulom Vilom* which regulates nervous system and strengthens spinal cord. Students also performed *Sukhasan , Padmasan and Vajrasan* . These *asanas* are beneficial for knee joints and digestive system in human body. Four *Surya namaskaras* were also performed .The session ended with performing of *Omkar* , an ideal exercise for breathing . **15** students participated in the session.

### **04 May 2022 :**

The session began by performing *Anulom –vilom* by the participants.It was followed by *Vrukshasan* and *Tadasan* which improve body balance and leg muscles .*Paschimottanasan* was also practiced which abdominal muscles. The session ended with *Shitali Pranayam* which controls body temperature . **13** students participated in the session.

### **05 May 2022 :**

*Anulom –vilom* was the first exercise of the day. It was followed by *Tratak* ,a form of Yoga Meditation useful for increasing concentration power .It cures sleeping disorders and other ailments also. The participants performed *Dhanurasan* and *Bhujangasan* which brings about flexibility in spinal cord and strengthens abdominal muscles. They are equally beneficial for the spinal cord and strengthening of arm muscles. **17** students participated in the session.

### **06 May 2022 :**

*Anulom Vilom* marked the beginning of the session .It was followed by *Sarvangasan* .It is all time perfect exercise for men and women . The Director of Physical Education explained successive steps and benefits of *Sarvangasan* . The participants also performed *Padmasan* which relaxes body and mind .It also helps to enhance concentration power. The session ended with *Omkar* .It helps to improve breathing . **09** students participated in the session.

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# SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

## REPORT ABOUT YOGA ACTIVITY FOR JUNE 2022

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**No. of sessions held : 04**

**Total No. of participants : 55**

We have prepared a plan for the celebrating International Day of Yoga 2022 . Accordingly , all Yoga sessions were held from 7.30 a.m. to 8.00 a.m. in the morning. The date wise report of Yoga activity performed in the month **June 2022** is as follows :

### **21 June 2022 :**

International Yoga Day programme was held from 7.30 a.m. to 8.15 a.m. Two girl students demonstrated steps of *Surya Namaskara*. All participants followed it. Three *Surya Namaskaras* were performed .It was followed by *Vrukshasan* and *Tadasan* which help to regulate balance of body. Participants also performed *Padmasan* and *Vajrasan* . Both of the asanas are beneficial for knee joints and digestive system. The programme ended with performing of *Omkar pranayam* and *Anulom –vilom* , an ideal exercise for breathing . **19** students and **08** teachers participated in the session. Shri R.T.Sawai, Director of Physical Education conducted the programme .

### **24 June 2022 :**

The session began by performing *Kapal Bhati and Bhramari Pranyam* by the participants. It was followed by *Vrukshasan* and *Tadasan* which improve body balance and leg muscles. *Paschimottanasan* was also practiced which abdominal muscles. The session ended with *Shitali Pranayam* which cools body temperature .**08** students participated in the session.

### **25 June 2022 :**

*Anulom –vilom* was the first exercise of the day. It was followed by *Trataka* .a form of Yoga meditation . The participants performed *Dhanurasan* and *Bhujangasan*.Theses asanas bringsabout flexibility in spinal cord and strengthen abdominal muscles. They also givesstrength to arm muscles. **13** students participated in the session.

### **27 June 2022 :**

*Omkar Prayanam* marked the beginning of the session .It was followed by *Surya namaskar* .It is all time perfect exercise for men and women of all age groups.. The participants also performed *Padmasan* which relaxes body and mind .It also helps to enhance concentration power. The session ended with *Kapal bhati* and *Shitali Pranayam* which are useful for cooling down of body temperature in hot seasons. **07** students participated in the session.

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654P+8H8, Rasulpur, Maharashtra 442202, India

Latitude  
21.205445°

Local 07:31:35 AM  
GMT 02:01:35 AM

Longitude  
78.18696166666668°

Altitude 336.4 meters  
Wednesday, 27-04-2022



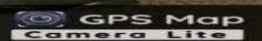
654P+8H8, Rasulpur, Maharashtra 442202, India

Latitude  
21.2055233333333336°

Local 07:34:17 AM  
GMT 02:04:17 AM

Longitude  
78.18688166666668°

Altitude 342.5 meters  
Monday, 02-05-2022



## SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

### BRIEF REPORT ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY : “ Power Point presentation by Students ”

#### Objectives:

- To motivate students to use ICT tools in learning.
- To encourage them to improvise presentation skill.

#### Outcomes :

- **85** students were present in the activity .

As we see today that technology is changing very fast and it is bringing changes in the way we live and work. This calls for students of present world to adopt new ways and tools of skill development. A student should be use technology effectively to express what he/she has learnt. As a step towards this end, Commerce Department of the college organized a symposium on various topics of Commerce and allied subjects on **29 April 2022**. Power point presentation was mandatory for every participant in the symposium . Each participant was allotted 5 minutes for presentation.

**11** students made Power point presentations on following topics :

Sr. No.	Name of Student	Class	Topic of Presentation
1	Ku. Achal V.Bhakare	B.Com.I Sem	Concept of Trade Cycle
2	Ku.Ashlesha P.Thote	B.Com.II Sem	Procedure of Bank A/c opening
3	Ku.Bhavana D.Gavande	B.Com.III Sem	Values and Ethics in corporate world
4	Ku.Chaitali D.Sonone	B.Com.III sem	Special Economic Zones
5	Manish S.Thakre	B.Com.III Sem	Motivation as an Essential Quality
6	Ku.Neha M.Madavi	B.Com.II Sem.	Bank-Customer Relations
7	Ku.Radhika H.Kadu	B.Com.III Sem	National Income
8	Ravindra D.Kolhe	B.Com.III Sem	Privatization and Economic Reforms
9	Ku.Vaishnavi Dorge	B.Com.II Sem	Sustainable Consumption
10	Ku.vaishnavi V.Sable	B.Com.III Sem	Personality development
11	Ku.Juhi G.Bharati	B.Com.III Sem	Globalization

85 Students were present in the symposium. Dr. P. M. Jadhao, Associate Professor of Commerce proposed vote of thanks.

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12 students made Power point presentations on various topics of Commerce in a Symposium on 29 April 2022.

## SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

### BRIEF REPORT ABOUT THE ACTIVITY

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TOPIC/SUBJECT OF THE ACTIVITY : **Workshop on Yoga and Surya Namaskar**

**No. of Participants :** 51 students and 12 teachers

**Objectives:**

- To encourage students and staff to perform Yoga in daily life.

**Outcomes :**

- Fifty one students and twelve teachers participated in the workshop.
- They performed Yoga Kriyas , Surya Namaskar and Pranayam.

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The college has been persistently organizing programmes and workshops on Yoga for college students .However the virus of COVID-19 has spread out throughout the nation since March 2020. The pandemic highlighted the importance and value of Yoga in daily life .The students were not allowed attend college due to lockdown restrictions in all spheres.

As the severity of the pandemic subsided, the State Govt. relaxed the restrictions and allowed physical attendance of the students in colleges from 1 Feb 2022 in the state. The college took this as an opportunity and organized a workshop on Yoga and Surya Namaskar on **22 February 2022** in early morning. Shri .Sandip Mandale , Assistant Professor, HVPM College of Physical Education ,Amravati was the resource person. Shri Omprakash Paliwal from HVPM accompanied him as demonstrator. Shri Mandale explained Yogasanas, Pranayam, Sutra Neti, Jal Neti and Suryanamaskar. He further gave hints for better performance of Yoga and advised that it should be practiced under guidance of an expert. Shri Paliwal demonstrated various breathing exercises in view of increasing health issues in post –COVID -19 period.

**51** students and **12** teachers participated in the workshop. Shri.R.T.Sawai , Director of Physical Education proposed vote of thanks.

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Session on Surya Namaskar and Yoga on 22 February 2022.

# SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

## BRIEF REPORT ABOUT THE ACTIVITY

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TOPIC/SUBJECT OF THE ACTIVITY : “ **Workshop on “General Ability and Quantitative Aptitude ”** ”

**No.of**

**Objectives:**

- To prepare students who appeared for NEAT examination .
- To create awareness in students to appear for competitive examinations

**Outcomes :**

- **35** students participated in the workshop .
- 

The college makes effort that students should appear for various competitive examinations that are held by many agencies. The career and counseling cell of the college encouraged and appealed all students to appear for National Eligibility Assessment Test which is conducted by Indian Chamber of Commerce. **11** students of commerce faculty of our college appeared for the examination.

The examination was to be held on 23 and 24 July 2022. As this was the first attempt of these students to appear for a competitive examination , the career and counseling cell organized a workshop on **15<sup>th</sup> July 2022** to prepare them for the examination. Dr.P.M.Jadhao anchored the programme and introduced the resource person. Shri Suchit Kumbhalkar ,Director of Dheya Academy ,Amravati was the resource person .He engaged students for over three hours and demonstrated them on how they can crack questions of arithmetic and reasoning in examinations.

Total **35** students were present in workshop. Shri R.T.Sawai , Director of Physical Education proposed vote of thanks and the workshop concluded.

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654P+8H8, Rasulpur, Maharashtra 442202, India

Latitude

21.20549824554473°

Longitude

78.18689829669893°

Local 09:40:17 AM

GMT 04:10:17 AM

Altitude 281 meters

Friday, 15-07-2022

Workshop by Career and Counseling Cell on 'General Ability and Quantitative Aptitude for Competitive Examinations ' on 15 July 2022

# SHRI SAMARTH ARTS AND COMMERCE COLLEGE, ASHTI

## BRIEF REPORT ABOUT THE ACTIVITY

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TOPIC/SUBJECT OF THE ACTIVITY : **Online Webinar for students on “Preparing for Competitive Examinations”**

**No. of participants : 70 students**

### **Objectives:**

- To promote students' awareness about competitive examinations.
- To sensitize them about preparedness before appearing for competitive examinations.

### **Outcomes:**

- **70** students participated in the webinar through Google meet.
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Success in competitive examinations of UPSC, Allied services, MPSC, Banking and other sectors is a dream for many aspiring students. But the path to success is not easy. Many students in rural area are willing to go for competitive examinations but they do not the right path to achieve success.

As an effort to create awareness among students, Shri Samarth Arts and Commerce College, Ashti and Mahila Mahavidyalaya, Amravati jointly organized a webinar on “Guidance for Competitive Examinations” on 06 May 2022. Dr. Avinash Mohril, Principal, Mahila Mahavidyalaya was chairman of webinar. Dr. Rajendra Chinchole was the resource person. He guided the students on how they should mentally prepare themselves to face tough competitive examinations. All aspirants should know a number of reference books and other supporting resources for preparation. They should also know about the technicalities of these examinations. Dr. Dilip Malpe, Asst. Professor was the chief guest of the webinar.

Dr. Manjusha Dhapudkar proposed vote of thanks. **70** students and **4** teachers participated in the workshop.

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Webinar on “Guidance for Competitive Examinations “ in collaboration with Mahila Mahavidyalaya ,Amravati on 6 May 2022.